



Bay Soccer Club COVID-19 Protocols

Training Protocols (Travel, State League and Rec)

- Players, coaches and officials must conduct daily symptom assessments before each practice or game.
 - Anyone experiencing symptoms must stay home. According to the CDC, COVID-19 symptoms include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea. This list does not include all possible symptoms. The CDC will continue to update symptoms as we learn more about COVID-19. The CDC's list of COVID-19 symptoms and a "self-checker" is available at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- Players need to provide their own equipment:
 - Soccer balls
 - Water bottles
 - Travel and State League players should bring both white and blue jerseys to each session
- Players who do not have their own equipment will not be allowed on the field.
- Equipment will be distanced from other players' equipment.
- Staggered training sessions to mitigate age groups on the fields at the same time.
- No congregating before or after practice.
 - Coaches, parents and players.
 - No parents will be allowed to be on or near the field during training (Travel/State League).
- All trainers and coaches must wear masks in accordance with state and local mandates.

Game Day Self-Assessment Check/COVID Screening

- Players, coaches and officials must conduct daily symptom assessments before each practice or game.
 - Coaches will keep track of who attended each game.
 - Anyone experiencing symptoms must stay home.
 - If a player or a player's family member tests positive for COVID-19, they must notify:
 - bayrecsoccer@gmail.com
 - girls@baysoccer.org
 - boys@baysoccer.org
- All players who were exposed during a training or game will be notified of a positive result or a symptomatic participant.
- Player who has been exposed or tested as positive cannot return to play until:
 - A negative COVID-19 test is obtained.
 - Quarantine period is observed based on health department guidance.
 - 14 days have passed since the last positive test.



Match Play

- Signage will be placed throughout venues as a reminder of:
 - State and local health department mandates (i.e., face covering required, must maintain physical distance of three feet).
- Players' benches: players should always maintain physical distancing of six feet on the sidelines; bench spacing will be painted on the sidelines by the Club.
 - Players who are 10 and older must wear face coverings when not engaged in play.
- Spectators:
 - Should be limited to observe capacity restrictions at the venue.
 - Need to observe distancing along the fields.
- All non-players must observe mask rules in accordance with the state and local mandates.
- Suspend handshakes prior to and following the match.
- Officials and coaches must wear masks in accordance with the state and local mandates.
- Extend the length of Match Day (historically 8:00 am to 12:00 noon) to ensure smaller groups of players and spectators are at the complex at the same time.
- Port-a-potties to provide restroom facilities.
- No referees will be allowed to congregate at the shed at any time.
 - Referees will stay socially distanced at all times when receiving their assignments or pay.